### POZNAN UNIVERSITY OF TECHNOLOGY



### EUROPEAN CREDIT TRANSFER AND ACCUMULATION SYSTEM (ECTS)

pl. M. Skłodowskiej-Curie 5, 60-965 Poznań

### **COURSE DESCRIPTION CARD - SYLLABUS**

Course name

Social Psychology

**Course** 

Field of study Year/Semester

Logistics 3/5

Area of study (specialization) Profile of study

general academic

Level of study Course offered in

First-cycle studies polish

Form of study Requirements

full-time elective

**Number of hours** 

Lecture Laboratory classes Other (e.g. online)

30

Tutorials Projects/seminars

### **Number of credit points**

2

#### **Lecturers**

Responsible for the course/lecturer:

Responsible for the course/lecturer:

dr Paulina Siemieniak

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tel: 61665....

Wydział Inżynierii Zarządzania

ul. Jacka Rychlewskiego 2

60-965 Poznan

## **Prerequisites**

The student starting this subject should be familiar with the basic concepts of social behavior mechanisms, have the ability to perceive, associate and interpret basic phenomena occurring in social relations, be aware of the importance of psychological mechanisms in professional and private life.

#### **Course objective**

The goal is to develop skills: explaining and predicting social behavior, including shaping and leading teams; resisting group influence; persuasion and shaping attitudes; motivation; shaping desirable social relationships.

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### **Course-related learning outcomes**

### Knowledge

The student knows the basic management issues specific to logistics and supply chain management [P6S\_WG\_08]

#### Skills

The student is able to see in engineering tasks system and non-technical as well as socio-technical aspects [P6S\_UW\_04]

The student is able to choose the right tools and methods to solve the problem within logistics and supply chain management, and to use them effectively [P6S\_UO\_02]

The student is able to identify changes in the requirements, standards and reality of the labor market, and based on them determine the needs to supplement knowledge [P6S UU 01]

# Social competences

The student is aware of initiating activities related to the formulation and transmission of information and cooperation in society in the field of logistics [P6S KO 02]

The student is aware of the responsible fulfillment, correct identification and resolution of dilemmas related to the logistics profession [P6S\_KR\_01]

The student is aware of cooperation and work in a group on solving problems within logistics and supply chain management [P6S KR 02]

### Methods for verifying learning outcomes and assessment criteria

Learning outcomes presented above are verified as follows:

Formative assessment: Questions summarizing individual issues, giving the student the opportunity to assess the understanding of the problem; written assignments checking the degree of mastery of the current material. Points obtained in this way are added to the points from the final test. Summative assessment: Written test, closed questions test

#### **Programme content**

- 1. Psychology, social psychology area of interest, genesis, main trends
- 2. Human nature personality, temperament, emotional intelligence, brain sex, cerebral hemispheres specialization theory
- 3. Distortions in social perception stereotypes, prejudices, discrimination and prevention methods
- 4. Group processes mechanisms regulating team behavior, team roles, team development phases. Facilitation and social idleness, group thinking syndrome a threat associated with the work of groups and teams

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- 5. Social impact. Conformism informative and normative social impact, obedience to authority. Cialdini's rules and techniques of social influence, influence and manipulation, ways of preventing manipulation. Interpersonal attractiveness principles
- 6. Conflicts and negotiations styles and methods of resolving conflicts of interest, selected negotiation techniques (including the principle of competition, limited competence technique, "test balloon" technique, "prize in paradise" technique, "deed policy" technique)
- 7. Interpersonal communication and business communication verbal and non-verbal communication, arguments, styles and tactics of self-presentation (ways to exert a "good impression"), Principles of professional data presentation
- 8. Attitudes and attitude changes. Components of attitudes, resisting persuasive messages, justifying behavior cognitive dissonance theory. The theory of reactance
- 9. Motivation and motivating setting and ways of achieving goals.
- 10. Occupational stress and ways to prevent its negative effects. Review of the concept of stress, relationship between stress and effectiveness, distress and eustress, styles of coping with stress

### **Teaching methods**

Problem lecture, lecture with elements of the seminar, presentation illustrated with examples

### **Bibliography**

#### Basic

- 1. Aronson E. (2005) Człowiek- istota społeczna, Warszawa, PWN
- 2. Cialdini R. (2010) Wywieranie wpływu na ludzi, Gdańsk, GWP
- 3. . Myers D. G. (2003) Psychologia społeczna, Poznań, Wyd. Zysk i S-ka
- 4. Tarniowa- Bagieńska M. Siemieniak P. (2010) Psychologia w zarządzaniu, Poznań Wyd. Politechniki Poznańskiej

### Additional

- 1. Aronson E., Wilson T. D, Akert R.M., (2006) Psychologia społeczna, Poznań Wyd. Zysk i S-ka
- 2. Berne E. (2008): W co grają ludzie? Psychologia sposunków międzyludzkich, Warszawa, PWN
- 2. Kożusznik B. (2005) Wpływ społeczny w organizacji, Warszawa, Polskie Wydawnictwo Ekonomiczne
- 3. Witkowski T. (2006) Psychomanipulacje. Jak je rozpoznawać i jak sobie z nimi radzić, Taszów, Wyd. Biblioteka Moderatora





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# Breakdown of average student's workload

|  | Hours | ECTS |
|--|-------|------|
| Total workload   | 50    | 2,0  |
| Classes requiring direct contact with the teacher                          | 30    | 1,0  |
| Student's own work (literature studies, preparation for test) <sup>1</sup> | 20    | 1,0  |

4

<sup>&</sup>lt;sup>1</sup> delete or add other activities as appropriate